



# Living Well North Tyneside

Supporting Health and Wellbeing

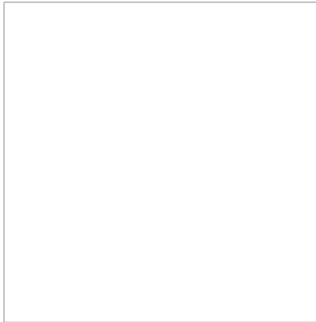
...have been there as parents, we get the anger, the frustration, lack of understanding, the stares, the... glares, the moment when you feel you're the only mum/dad on the planet who has a kid/s this way.

ECHP SEN support plan. Law and Bullying. Specialist school, Home Ed, mainstream/Academies, and Independent. Whatever the issues, we want to help you, help your child, and empower you to grow as your child does.

Recommended £20 one off donation for all support and advice, indefinitely.



[autism](#) | [autism spectrum disorders](#) | [family support](#) | [family services](#)



 07912581204

 [support@families1st.uk](mailto:support@families1st.uk)

  
Office 6  
Gibson House  
Brunswick Industrial Estate, Brunswick Village  
Newcastle Upon Tyne  
England  
NE13 7GB

  
<https://families1st4additionalneeds.co.uk/training-and-awareness/>

Last Updated - 18th July 2024



# Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

[Subscribe Now](#)

