



Living Well North Tyneside

Supporting Health and Wellbeing

Children and family services. Our specialist childcare support workers provide services to children, young people and their families. We help with a wide range of complex needs.

Autism Care. With the right support, people with autism can live the lives they choose. We have a proven track record of supporting people across the autism spectrum, including those who also have learning disabilities, physical disabilities, complex needs and challenging behaviour.

Mental health. We understand that mental health issues, now affecting 1 in 4 people in the UK, can seriously impact on daily living and quality of life. We cannot provide the psychiatric and therapeutic help, but we can help you with day-to-day things that may have become more difficult.

Post traumatic injury. We support people with clinically diagnosed conditions which result from acquired brain and spinal injuries. Our brain and spinal injuries care promotes independence, with a focus on rehabilitation and helping you achieve your goals.

Challenging behaviour We focus on reducing challenging behaviour and improving your quality of life. Our skilled staff are committed to achieving positive outcomes for the people they support.



[mental health](#) | [learning difficulties](#) | [supported living](#) | [challenging behaviour](#) | [family services](#)

Helping
HANDS



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