



# Living Well North Tyneside

Supporting Health and Wellbeing

For carers; we enable you to have the time to do whatever you want and to be whatever you want to be. For the cared for; we enable the space to relax and simply 'be' on your own terms, plus the opportunity to access a range of inspiring and increasingly challenging experiences and activities - from the serene to the scintillating - within the beautiful, uplifting and genuinely unique Kielder landscape.

Calvert Trust Kielder was awarded a CQC inspection (Care Quality Commission) overall rating of GOOD in May 2020.



[respite care](#) | [respite](#) | [supported holidays](#) | [outdoors](#) | [sport](#) | [leisure activities](#) | [holidays](#) | [young adult carers](#)



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<https://www.calvertkielder.org.uk/respite-care-2/>

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