



# Living Well North Tyneside

Supporting Health and Wellbeing

- Growing their own fruit and vegetables in our community gardens.
- Crafts and games.
- Fundraising to enable them to plan extra trips and activities.
- Cooking for themselves and their parents and undertaking competitions like 'Come Dine with Me'.
- Sports and dance using the centre's multi-purpose ball courts and climbing frames.
- Homework help, digital activities, arts and crafts and lots more centre-based fun.

## TIMES AND PRICES

We're open Monday to Thursday 3.15 - 6.00 pm during term-time and for longer days during part of school the holidays.

For £2.00 kids can enjoy 2½ hours of fun, social interaction and learning and will have a bite to eat as well!

To support working parents, we also do a walking train directly from local primary schools. For an extra £1.50 we will collect your child from school, taking them safely directly to our centre on Waterville Road to allow you can relax and concentrate on work until collection time between 5.45 - 6.00 pm

For more information contact our Lead Play Worker Sarah McDonald on 0191 341 0033 or by email [sarahm@meadowwellconnected.org.uk](mailto:sarahm@meadowwellconnected.org.uk)



after school | kid's club | activities for kids | activities for children | local kids club | arts and crafts for children



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<https://www.meadowwellconnected.org.uk/after-school-clubs>



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