



Living Well North Tyneside

Supporting Health and Wellbeing

path inside the park entrance, next to the information board.
What3words – pizza.sake.calms

This walk caters to all abilities and is on paved footpath. The walk will take approximately 40-60 minutes, with opportunities to stop on route. There is an option to shorten the walk and visit a café where you can have a cuppa to finish.
Please dress appropriate for the weather and bring a bottle of water.

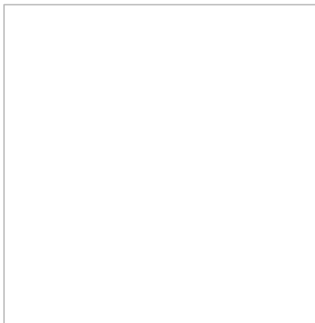
Contact: Robbie: 07708485778
Busses to meeting point: 1, 41A, 91, 392, 306 and 308



[social](#)
[prescribing](#) | [Walking groups](#) | [wellbeing](#)

Related Documents

- [Walking Group Handout](#)



07708485778



nencicb-nt.DL-
WallsendPCNSocialPrescribers@nhs.net



Meeting Point:
Entrance to Wallsend Hall Grounds, on the east side of
Kings Road S (Kings Road S, Wallsend)
NE28 7NX



Last Updated - 16th July 2024

Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

Enter your email [Subscribe Now](#)