



# Living Well North Tyneside

Supporting Health and Wellbeing

- aren't in employment, education, or training (NEET)
- experience poor mental health
- have issues with substance misuse (drugs or alcohol)
- are at risk of anti-social behaviour

Find out more, or register, here: [Club Elevate — Active North Tyneside](#)



[physical sports](#) | [activities](#) | [exercises](#) | [young people](#)

Club Elevate



[sport@northtyneside.gov.uk](mailto:sport@northtyneside.gov.uk)



<https://www.activenorthtyneside.org.uk/club-elevate>



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## Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

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