



Living Well
North Tyneside
Supporting Health and Wellbeing

the body and mind of an individual.

If you cannot afford private treatment, then that's fine as we can still help through the use of our FREE 24/7 helpline which is manned by our friendly team of addiction recovery experts some of whom are recovered addicts.



Addiction support



0330 107 2950



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49 Langley Way, Watford
WD17 3EA



<http://step1recovery.com>



Last Updated - 12th December 2023

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