



Living Well North Tyneside

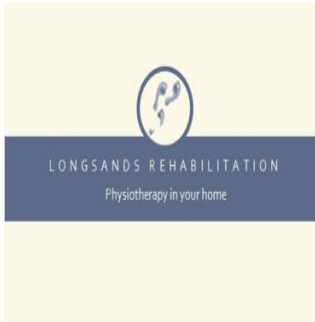
Supporting Health and Wellbeing

Our Physiotherapy will focus on helping you achieve your daily goals, including:

- improve your walking and balance
- rehabilitation programmes after fractures and broken bones
- physiotherapy after a hip, knee, or shoulder replacement
- reduce the risk of falling



physiotherapy | rehabilitation



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<https://www.longsandsrehabilitation.co.uk>



Last Updated - 8th December 2023

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