

Blue Sky Trust

We support and connect people in the North East and Cumbria at every step of their HIV journey. Finding out that you, or a loved one, are living with HIV can be a huge shock. Whether it's providing help to come to terms with the diagnosis, peer mentoring, rebuilding confidence or becoming part of a supportive community, Blue Sky Trust provides a confidential and safe place to "find strength and go on with happiness".

HIV Service, for people living with and affected by HIV: 1-2-1 support and peer mentoring. Peer support groups. Courses for newly diagnosed. Skills & education training. Empowerment events & projects.

Think For Yourself, educational workshops empowering young people with knowledge, skills, self esteem & resilience to develop safe and healthy relationships. Topics include consent, healthy relationships, safe internet use.





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| www.blueskytrust.org | | |
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| Last Updated - 16th January 2023 | | |
| | Services | |
| | No Services | |
| | Events | |
| | No Events | |
| | Activities | |
| | No Activities | |
| | | |

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