



**Living Well**  
**North Tyneside**  
Supporting Health and Wellbeing

## Wallsend Breathe Easy

Breathe Easy is the British Lung Foundations network of support groups. Groups are run by their members and meet regularly (usually 3rd Thursday of every month). Make new friends who know what you're going through, and learn more about living with a lung condition with Wallsend Breathe Easy. The group is for any one affected by a lung condition.

Wallsend Breathe Easy



0300 222 5800



[supportgroups@asthmaandlung.org.uk](mailto:supportgroups@asthmaandlung.org.uk)



NE28 8JR



[www.asthmaandlung.org.uk](http://www.asthmaandlung.org.uk)



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## Services

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No Services

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## Events

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No Events

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## Activities

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No Activities

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