

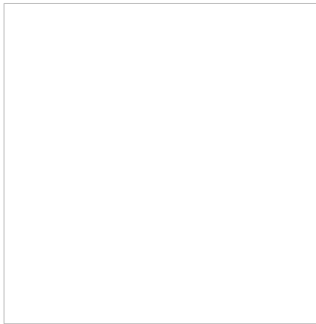


Living Well North Tyneside

Supporting Health and Wellbeing

- nature-based grief support for adults as well as children (Garden for Grief)
- nature wellbeing and counselling
- under 5's forest school sessions (Wildlings)
- Home Education/ Flexi schooling groups
- 1:1 EOTAS (education other than at school)
- spoon carving and woodwork groups

Please get in touch with any questions! We're a friendly bunch!



+44 7763044751



hello@thewildsidenortheast.com



(Outside of Shiremoor Family Hub) at: 9 Bridge
Terrace, Shiremoor

AND

(outside of Riverside Family Hub) at: Minton Lane,
North Shields NE29 6DQ
NE27 0TA



<https://www.thewildsidenortheast.com>

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Last Updated - 24th January 2025



Services

No Services

Things to do

No Activities

