



Living Well North Tyneside

Supporting Health and Wellbeing

routines suited to their specific needs and move positively towards employment. We will do this by removing barriers to employment, building confidence and motivation to work, and progress with basic skills.

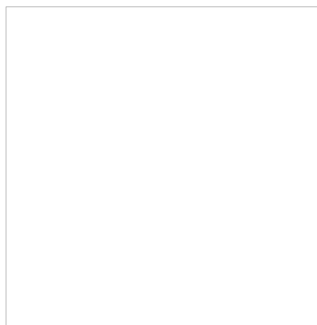
Activity will be delivered in the heart of our communities, with participants receiving dedicated 1:1 support to address health and wellbeing barriers to search for work, and:

- Increase confidence to apply for a job.
- Develop interpersonal skills and engage in life skills.
- Gain accredited qualifications.
- Become aware of green skilled jobs.
- Improve or engage with IT and other skills to improve chances of employment success.
- Improve their financial stability, self-esteem and health.

Our beneficiaries are those who are unemployed, Socially Excluded, or Economically Inactive.

We want to engage with:

- Young people aged 16-24
- People aged 50-64
- Ethnic Minorities
- Females
- Those with caring responsibilities
- Disabled residents or those with health conditions.



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Services

No Services

Things to do

No Activities

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