



**Living Well**  
**North Tyneside**  
Supporting Health and Wellbeing

## Mouths of the Tyne Community Choir

We are a relaxed and friendly community choir based in North Shields, singing a range of songs including pop, blues and folk.

Singing has been shown to improve wellbeing by lowering stress, boosting immunity and releasing the "happy" chemicals to make you feel good about yourself!

We meet every Tuesday evening at 7.30 at the Baptist Church on Howard Street, North Shields.



07715084421



mouthsofthetyne@hotmail.com



Baptist Church  
Howard Street  
North Shields  
NE30 1NA



www.facebook.com



@mouthsofthetyne



@MouthsOfTheTyne



## Services

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No Services

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## Events

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No Events

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## Activities

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No Activities

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