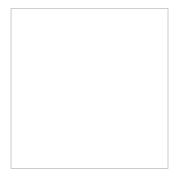


Charges are made for the activities to help towards the running costs. We also fundraise to keep these costs down.

Please contact us for further information about our Activities throughout the week.

We are members of the Mental Health Alliance. You can read more about ithere.





NorthTyneside@mha.org.uk

MHA Communities North Tyneside MHA Harwood Court Highburn Cramlington Northumberland NE23 6AZ

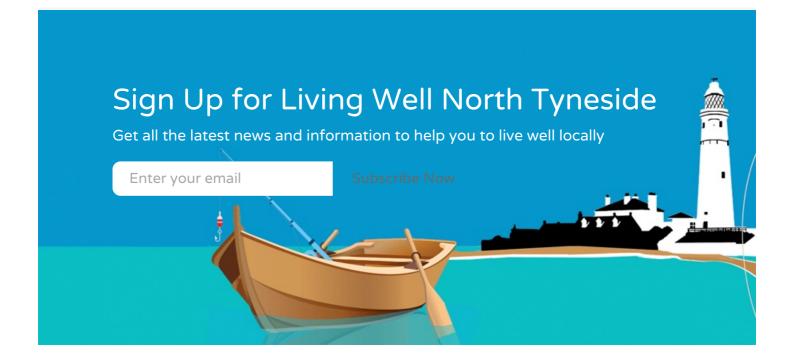
🛞 https://mha.org.uk

**f** @MHACommunitiesNorthTyneside

## Services

## Things to do

No Activities



© 2024 Living Well North Tyneside | Web Design: Indigo Newcastle