



Living Well
North Tyneside
Supporting Health and Wellbeing

Care & Connect

The Care and Connect Team offer advice, guidance and information to enable individuals to stay independent and connected with their community. The team offers detailed knowledge of the local care & support system alongside information, and where needed, access to the Council's adult social care system. Care and connect aims to connect you to services that can reduce isolation, maintain and improve health & wellbeing and encourage community access. Guidance is provided by telephone or face to face in community settings. We can connect you to activities; services; groups; organisations and events that support wider wellbeing in North Tyneside.

Our telephone line is manned Monday, Tuesday, Thursday, Friday 10-1, if the phone goes immediately to voicemail, we are on the phone, please leave your name and number and we will return your call.

Care & Connect



0191 6437474



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16 The Forum
Wallsend
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Last Updated - 23rd May 2023

Services

Care and Connect

Centurion Park Bowling

Singing Back The Memories

Events

No Events

Activities

No Activities
