



**Living Well**  
North Tyneside  
Supporting Health and Wellbeing

## Dreamshine Community Interest Company - Well Bee- ing Hub & Cafe

We run a community hub and cafe in Wallsend offering 'social supermarket' style services, as well as groups, activities and a range of support. We also offer befriending services (telephone and hub-based). We offer an affordable membership scheme where people can pay £10 per month and get £20 to spend on food/or in the cafe. (Non members are also very welcome at all times).



0191 2954935



[ingrid@dreamshine.co.uk](mailto:ingrid@dreamshine.co.uk)



The Well Bee-ing Hub & Cafe,  
84 Park Road  
Wallsend  
NE28 6QY



[www.dreamshine.co.uk](http://www.dreamshine.co.uk)



Last Updated - 20th January 2023

---

## Services

---

No Services

---

## Events

---

No Events

---

## Activities

---

No Activities

---