

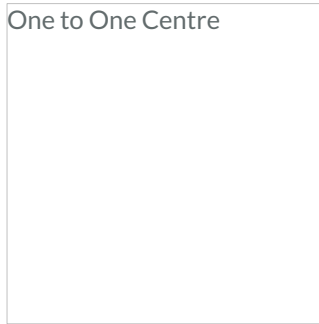


**Living Well**  
**North Tyneside**  
Supporting Health and Wellbeing

## One to One Centre

Sexual health service: We provide a free and confidential sexual health service in North Tyneside and Northumberland for anyone aged 13 and over.

One to One Centre



0191 297 0441



121.shiremoor@nhct.nhs.uk



One to One Centre  
Brenkley Avenue  
Shiremoor  
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[www.northumbria.nhs.uk](http://www.northumbria.nhs.uk)



@NorthumbriaNHS



@northumbriahealthcare



@northumbrianhs



Last Updated - 31st March 2023

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## Services

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No Services

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## Events

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No Events

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## Activities

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No Activities

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