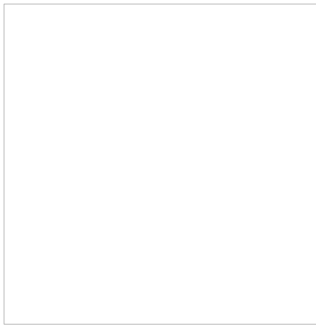




**Living Well**  
**North Tyneside**  
Supporting Health and Wellbeing

## Reading4Wellbeing aka the Ann Cleeves project

A project connecting people with mild/moderate health issues (mental and physical) with books, stories and libraries. Tailored support with finding new authors, books, accessing free audio and e-books and connecting with others through book clubs and special interest groups. Working with Mary, the project worker, you can become a more confident reader, get support to share books with your children/grandchildren and make the most of your library card.



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@Bibliolowe



Last Updated - 20th April 2023

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## Services

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No Services

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## Events

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No Events

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## Activities

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No Activities

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