



Living Well
North Tyneside
Supporting Health and Wellbeing

North Tyneside Citizens Advice

We offer free, confidential, impartial and independent advice on a wide range of subjects

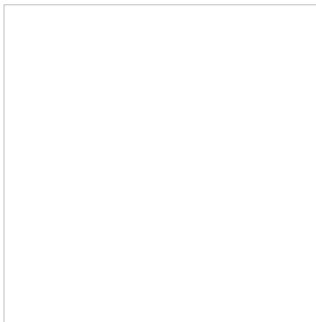
you can call our advice line for free on **0808 278 7822**, Monday to Friday between 09:00 and 17:00

For help applying for Universal Credit, call our free Help to Claim line on **0800 144 8 444** or visit our online service

Call Pension Wise on **0191 270 4485**, Monday to Friday between 9:00 and 17:00

Relay UK – if you can't hear or speak on the phone, you can type what you want to say: 18001 then one of the above numbers.

Email us for a Ringback



0808 278 7822



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@NTynesideCAB



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Last Updated - 14th March 2023

Services

No Services

Events

No Events

Activities

No Activities
