



Living Well North Tyneside

Supporting Health and Wellbeing

away on their breaks and day trips.

We run various projects including our Children in Need funded Early Years Project which supports pre-school children to learn and develop through play, and our National Lottery funded Tomorrows Project which tackles loneliness and isolation by supporting people aged 50+ to live well in their community.

We also work with North Tyneside CCG and two of the North Tyneside Primary Care Networks to drive down health inequalities and support people to look after their physical and mental health and wellbeing.

We are members of the **Mental Health Alliance**. You can read more about it [here](#).

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Last Updated - 14th August 2024

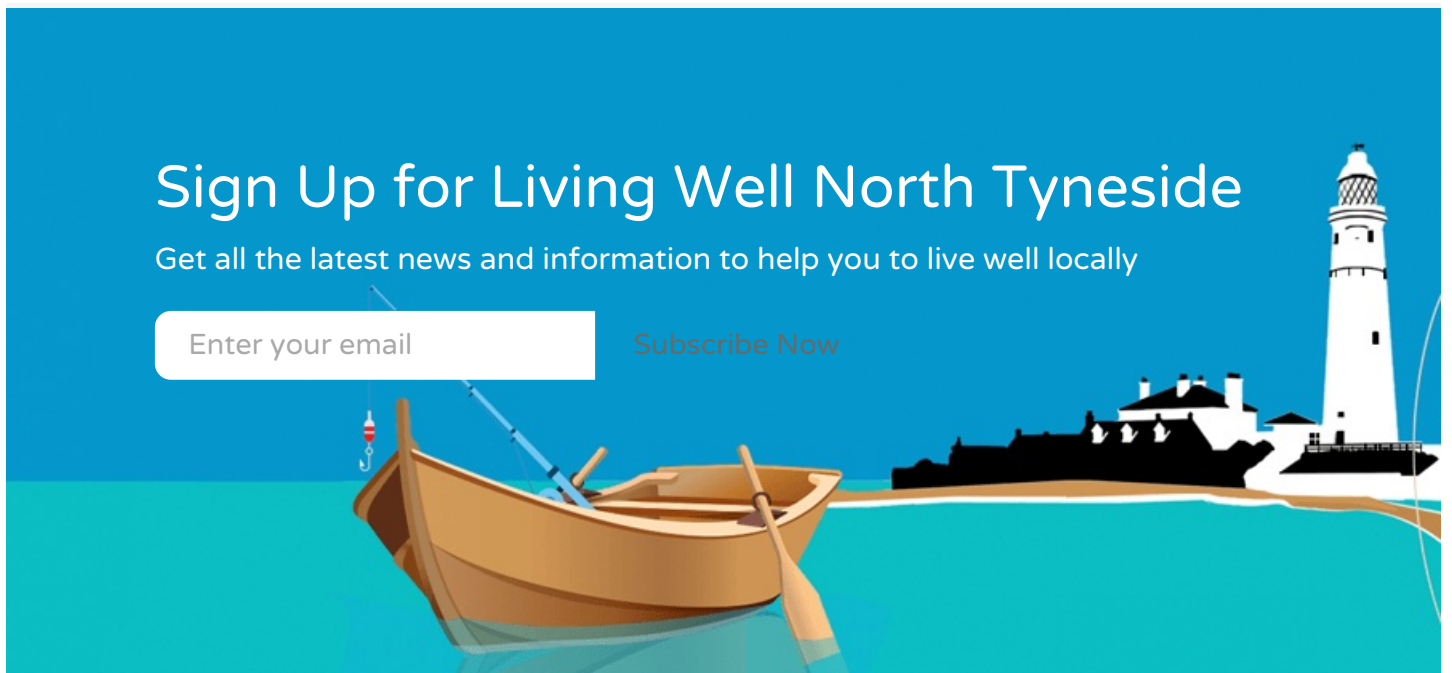


Services

BBC Children in Need Early Years Project
Healthy Connections Project

Things to do

No Activities

A promotional banner for 'Living Well North Tyneside'. The background is a vibrant blue sky and sea. In the foreground, a wooden rowing boat with two oars is on the water. In the distance, a white lighthouse stands on a small island with some buildings. The text 'Sign Up for Living Well North Tyneside' is prominently displayed in white. Below it, a smaller line of text says 'Get all the latest news and information to help you to live well locally'. A white input field with the placeholder text 'Enter your email' and a 'Subscribe Now' button are positioned on the left side of the banner.

Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

[Subscribe Now](#)