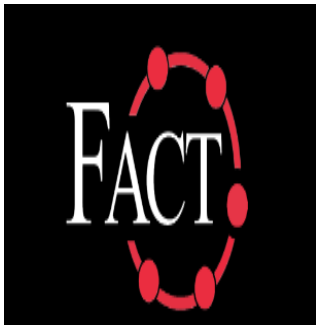




Living Well
North Tyneside
Supporting Health and Wellbeing

FACT - Fighting All Cancers Together

Local Cancer Support, Awareness & Education for local people in local communities. FACT offer a range of services to people affected by cancer, their family, friends, carers and colleagues. Support can be offered on a one to one basis or by coming along to one of our support sessions or events. Our services include Counselling, Community lunch Group, Exercise Session - Energise & Socialise, Mastectomy Wear/Bra Fitting Service, Wig Service, Complimentary Therapies, Nutritional Advice, Travel insurance Advice, Coping with pain & Fatigue, Breast Reconstruction Advice and much more. No referral is necessary and everyone is welcome!



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@FACTCancer



@FACTSunderland

Last Updated - 1st February 2023



Services

No Services

Events

No Events

Activities

Energise and Socialise Gentle Exercise Class

Functional/Fun Exercise Circuit
