



Bipolar UK

Bipolar UK

is the national charity dedicated to supporting people affected by bipolar. Every month we support over 1,000 people with bipolar to stay well. This includes those with bipolar, those pre-diagnosis, and supporting their family and friends. Our peer support services include the below.

- Leaflets and information can be on our website.
- Peer support groups across England, Wales and Northern Ireland. These groups are facilitated by trained volunteers, do not require a referral or booking to attend. Find out more on our website or call 0333 323 3885.
- A moderated eCommunity with over 2,500 registered users. Join us online here
- A one to one telephone and email peer support. To arrange a call back, leave a message on 0333 323 3880 or email info@bipolaruk.org

All of the above services can be used free of charge, and the support services are available to those over the age of 18. Although, those between 16 and 18 can attend a support group if accompanied by an adult.

We also offer employment support, which is open to both employers and employees. This offers practical support, training and resources here



0333 323 3885



info@bipolaruk.org



<http://www.bipolaruk.org>



Services

Bipolar UK e-community

Events

No Events

Activities

No Activities
