



Living Well
North Tyneside
Supporting Health and Wellbeing

Step 1 Recovery

Step 1 Recovery is a unique group of addiction treatment centres offering help to individuals in the North Tyneside area.

The centres provide coverage throughout the United Kingdom along with a unique prospect of receiving treatment in Spain's beautiful Costa Blanca.

Whatever centre you wish to choose we can offer industry leading drug and alcohol rehab treatment which combines medically assisted detoxification programmes with specially designed therapy and counselling sessions to help heal both the body and mind of an individual.

If you cannot afford private treatment, then that's fine as we can still help through the use of our FREE 24/7 helpline which is manned by our friendly team of addiction recovery experts some of whom are recovered addicts.

Step 1 Recovery



0330 107 2950



info@step1recovery.com



49 Langley Way, Watford
WD17 3EA



step1recovery.com



@Step1_Recovery

Last Updated - 5th May 2023



Services

Step 1 Recovery

Events

No Events

Activities

No Activities
