



Living Well North Tyneside

Supporting Health and Wellbeing

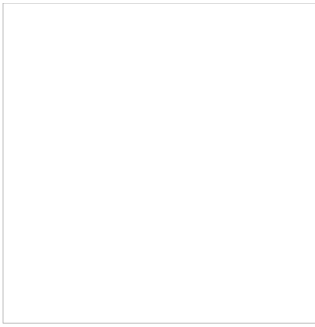
The Employment and Skills Team delivers a range of support programmes to help people prepare for work, find work, and stay in work.

Our voluntary, impartial and confidential employment projects can provide one to one support to:

- Identify your skills and strengths through personalised advice and guidance
- Understand the job market and access training and job opportunities
- Create a high impact CV and covering letter
- Improve your interview techniques
- Address any barriers to employment around health, housing, debt or skills
- Develop your confidence and self esteem
- Gain information, advice and support regarding benefits and Universal Credit
- Fulfil your obligations in your Claimant Commitment with Jobcentre Plus
- Discover what the growth industries and skill demands are in your area
- Improve your job search and application forms
- Help with number, writing and listening skills
- Increase your wellbeing and happiness


For more information email employability.skills@northtyneside.gov.uk or speak to an advisor on (0191) 643 2288

Join our [Facebook page](#) to keep up to date with opportunities and events or follow us on Twitter [@NTEmployment](#).



 0191 643 2288

 employability.skills@northtyneside.gov.uk

 Community Wing, Norham High School
Alnwick Ave, North Shields
Tyne and Wear NE29 7BU
NE28 0HG

 <https://skillsnorthtyneside.org.uk/support/employment-support/>

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Services

Conversational English Classes and ESOL (Employment & Skills)

Get into Care

Get into Schools

Resettlement Support for Refugees (Employment & Skills - Ukrainian, Afghan and Syrian)

Whitley Bay: Employment, Training and Volunteering Support

Dudley: Employment, Training and Volunteering Support

Killingworth: Employment, Training and Volunteering Support

Forest Hall: Employment, Training and Volunteering Support

BOOST (Building your Own Opportunities to Succeed and Thrive)
Working Well North Tyneside
Individual Placement and Support (for people in drug and alcohol treatment)
Digital Drop In at Working Well North Tyneside

Things to do

New Start: Paid Work Experience Opportunities
New Start: Paid Work Placement Opportunities
New Start: Paid Work Placement Opportunities
New Start: Paid Work Experience Opportunities
Digital Drop In at Working Well North Tyneside North Shields
Digital Drop In at Working Well North Tyneside Wallsend

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