



Living Well
North Tyneside
Supporting Health and Wellbeing

Newcastle and North Tyneside Altering Images of Mentality (AIM) Group

AIM is a small charity that aims to enable and empower the local community to address all issues surrounding mental health in an effort to tackle discrimination and to reduce the stigma felt by people with mental health problems.

AIM evolved from Newcastle and North Tyneside Health Promotion Department's World Mental Health Day planning group and it is still busy campaigning on or around 10 October each year. All of the members of AIM are volunteers and we are recruiting new Membership Volunteers to organise and take part in campaigns. Volunteers can commit as much time as they would like in planning and running events.



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[@MentalHealthAIM](https://twitter.com/MentalHealthAIM)



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Last Updated - 3rd March 2023

Services

No Services

Events

No Events

Activities

No Activities
