



**Living Well**  
**North Tyneside**  
Supporting Health and Wellbeing

## AspireHealthcare

Aspire Healthcare provides residential care and independent living support for individuals with a variety of conditions including, but not limited to:

- Mental health disorders (e.g. schizophrenia, personality disorders, bipolar depression)
- Mild, moderate and acute learning disabilities
- Autism & Asperger's syndrome
- Challenging behaviour
- Substance abuse
- Our residential care homes offer long term care, respite and short break care, rehabilitation and individual support within the community.

Aspire Healthcare delivers services within tailored settings, providing the appropriate level of support to enable individuals to maintain their independence.

We personalise our services specifically to service user needs, working closely with the individual, their family, carers and professionals to ensure that the individual's needs are met. We also work in close partnership with local charities, support groups and substance misuse professionals to maximise care and support services. We also have experience of supporting people to move from one type of service to another as their needs change or they become more independent.

All our services are located in the North East of England with properties across Gateshead, North Tyneside and County Durham.



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<https://aspirehealthcare.co.uk/>



Last Updated - 3rd December 2021

## Services

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Aspire Healthcare - Parkvale

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Aspire Healthcare - St Marys

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Aspire Healthcare - Milton Lodge

## Events

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No Events

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## Activities

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No Activities

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