



Living Well North Tyneside

Supporting Health and Wellbeing

Be Part of the World's Largest Garden Wildlife Survey

What is Big Garden Birdwatch?

The **Big Garden Birdwatch 2025** invites nature lovers across the UK to spend an hour observing and recording the birds that visit their gardens, parks, or local green spaces. Organised by the RSPB, this citizen science initiative has become the world's largest garden wildlife survey, helping to monitor bird populations and trends over time. Whether you're a seasoned birdwatcher or a curious beginner, this event is a wonderful way to connect with nature while contributing to vital conservation efforts.

Why Join the Birdwatch?

Your observations provide valuable data for understanding how garden birds are faring across the UK. The information collected helps the RSPB identify which species are thriving and which may need extra support. It's also a great way to relax, enjoy the outdoors, and discover the wildlife around you.

How to Take Part

1. **Sign Up for Free:** Register on the Big Garden Birdwatch website to receive a free guide and helpful tips.
2. **Pick Your Hour:** Choose any hour between January 26 and January 28, 2025, to conduct your birdwatch.
3. **Count the Birds:** Watch your garden or local area and record the highest number of each bird species you see at one time.
4. **Submit Your Results:** Share your findings online or via post to contribute to the RSPB's research.

Ideas to Enhance Your Birdwatch

- **Prepare Your Space:** Set up bird feeders, bird baths, or shelters to attract more wildlife.
- **Invite the Family:** Make it a fun activity for everyone, including children and grandparents.
- **Create a Bird Journal:** Document your observations, including notes or sketches of birds and other wildlife spotted.
- **Snap and Share:** Take photos of the birds you see and share them on social media using the hashtag **#BigGardenBirdwatch**.

Resources for Participants to download on the Royal Society for the Protection of Birds website

Birdwatch Pack: Free guide with tips for spotting and identifying birds.

RSPB Bird App: Identify birds on the go with this handy mobile app.

DIY Bird Feeder Tutorials: Creative ideas to make your own feeders using household items

By taking part in the Big Garden Birdwatch, you're joining thousands of others in making a difference for nature. This initiative is simple, fun, and impactful ways to learn about and support the wildlife that surrounds us every day.

Related Links

- [Royal Society for the Protection of Birds, Big Garden Birdwatch](#)





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