



Living Well North Tyneside

Supporting Health and Wellbeing

Time: 2.00pm - 6.00pm



Cost: No Cost



Type: Face to Face

Who are the meet-ups for: adults affected by a liver condition, you may be living with a liver condition or be the loved one of an adult living with a liver condition

It's a chance for a cuppa and a chat in a safe space with other adults who can empathise and understand. There'll be free light refreshments provided and we'll hopefully be joined by a liver specialist nurse too. Places need to be booked, please email louise.parker@britishlivertrust.org.uk or text/ leave a voicemail on **07572 303513**

You can find out more about our online and face to face support groups <https://britishlivertrust.org.uk/support-groups/>

Join one or both sessions: 2-4pm and 6-8pm



[long term conditions](#) | [liver condition](#) | [support groups](#)

Related Documents

- [Metro Centre may meet-up png.png](#)



07572 303513



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Metro-Centre Wellbeing Hub
91, Hollinside Rd,
Metrocentre,
Gateshead



<https://britishlivertrust.org.uk/support-groups/>

