



# Living Well North Tyneside

Supporting Health and Wellbeing

**Cost:** No Cost



**Type:** Face to Face

Sarah's Star supports people affected by incurable illnesses, including their families, friends, carers and NHS health professionals.

We are excited to offer free ear wax checks with Ear For You.

Professional nurse led private health care service.

As you get older, earwax can become a bigger issue because:

- Increased Wax Buildup – Older adults often produce drier, harder earwax, which is more likely to accumulate and cause blockages.
- Hearing Loss Prevention – Excess wax can block sound waves, making age-related hearing loss even worse.
- Balance & Dizziness Issues – Blocked ears can affect your balance, increasing the risk of falls.
- Hearing Aid Performance – Wax buildup can clog hearing aids, making them less effective or even damaging them.
- Reduced Risk of Infections – Blocked wax can trap bacteria, leading to infections, discomfort, or pain.

Regular earwax removal can help maintain clear hearing, prevent complications, and improve overall ear health as you age.

Please email [info@sarahs-star.org](mailto:info@sarahs-star.org) to book - appointment only.



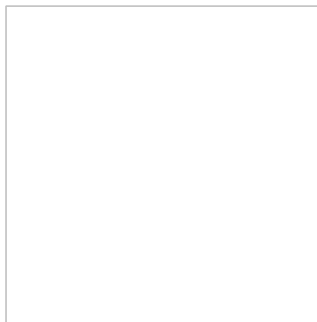
[Incurable illness](#)

[support](#) |

[medical check](#) | [preventive care](#)

## Related Documents

- [Ear For You.png](#)



  
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