



# Living Well North Tyneside

Supporting Health and Wellbeing

**venue:** Howdon Family Hub



**Time:** 3:30pm - 5:00pm



**Cost:** No Cost



**Type:** Face to Face

A mixture of board games and art/craft activities. Parents don't need to stay with their children at these sessions but must sign them in first.



[after](#)

[school](#) |

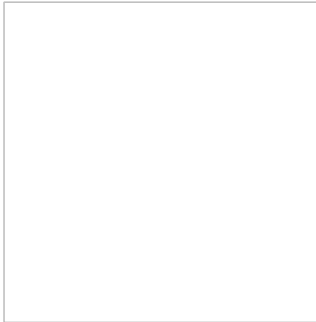
[arts](#) |

[crafts](#) |

[children](#) |

[preteens](#) |

[afterschool](#)



(0191) 643 2229



Howdon Family Hub  
11a Howdon Lane  
Howdon

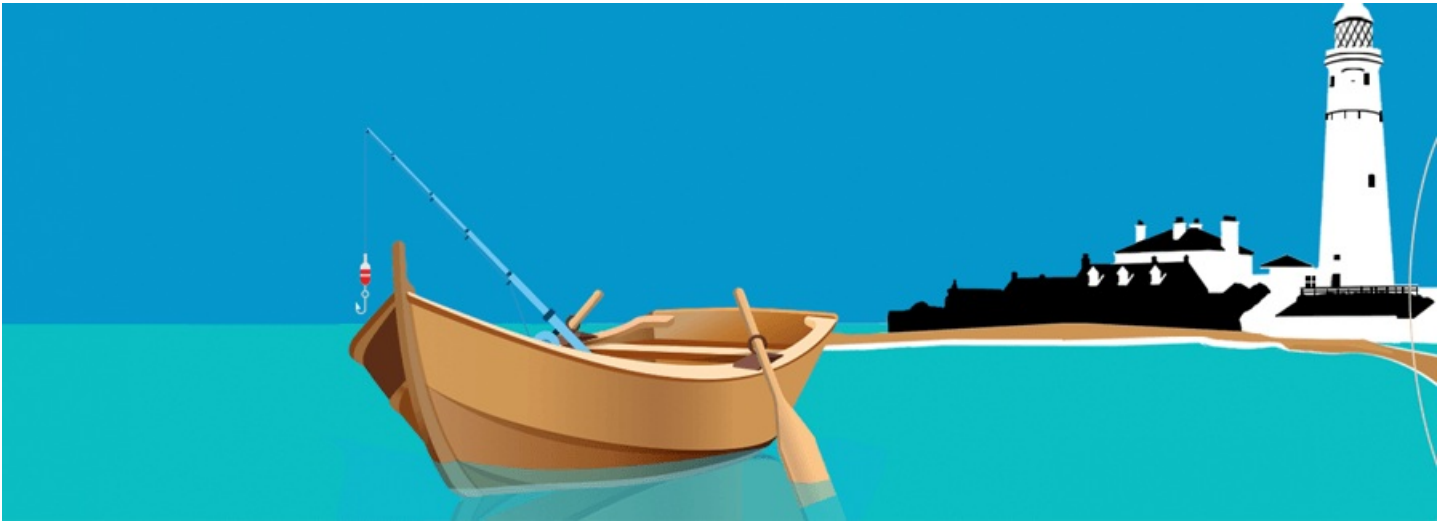


<https://my.northtyneside.gov.uk/category/495/family-hubs>



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