



Living Well North Tyneside

Supporting Health and Wellbeing

 **Cost:** No Cost

 **Type:** Face to Face

Sunday, 10.30am – 12.00pm

Meet at the café entrance of the Rising Sun Countryside Centre
(Whitley Road, Benton).

This walk caters for all abilities, there's off road country path walking with wildlife views for those that love nature.

Contact:

Carl: 07756 535 079

Buses to meeting point: 51, 308, 310 and 311



[walking group](#) | [outdoor activities](#) | [outdoor hobbies](#)

Related Documents

- [Wellbeing+Walks.pdf](#)

Rising Sun Walk Group




07756 535 079


active@northtyneside.gov.uk

 Rising Sun Countryside Centre
Whitley Road, Benton

 <https://www.activenorthtyneside.org.uk/wellbeing-walks>

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