



Living Well North Tyneside

Supporting Health and Wellbeing

 **Cost:** No Cost

 **Type:** Face to Face

Tuesday, 10.30am – 12.30pm

(Get in touch to confirm the meeting point as this alternates) One of the regular meeting points is Whitley Bay Customer

First Centre (York Road, Whitley Bay).

This walk is longer and would be suitable for experienced walkers, but it does cater for all abilities. There are additional social walking options within this group.

Contact:

Ron: 07913 509 396

Buses to meeting point: 51, 306, 308 and 309



[walking group](#) | [outdoor activities](#) | [outdoor hobbies](#) | [whitley bay](#)

Related Documents

- [Wellbeing+Walks.pdf](#)

Ron's Whitley Bay Roam



07913 509 396



active@northtyneside.gov.uk



Whitley Bay Customer First Centre
York Road, Whitley Bay



<https://www.activenorthtyneside.org.uk/wellbeing-walks>

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