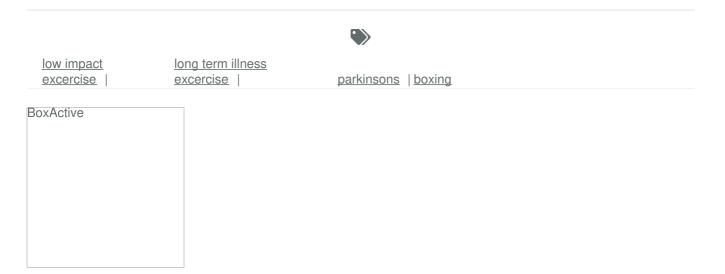


**L** Cost: £4 Organization Type: Face to Face

Low impact group class, non-contact activity using boxing movement and techniques which is ideal for those with Parkinson's or long term illness



01912500166

info@qfitgym.uk

• The John Willie Sams Centre Market Street Dudley Cramlington England

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## Last Updated - 8th January 2025



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