



# Living Well North Tyneside

Supporting Health and Wellbeing

**Time:** 12:00pm - 1:00pm



**Type:** Face to Face

Bring your family along to enjoy a free weekly toys and floats swimming session!\*

It's a great way to have fun as a family, introduce kids to the water, improve their water confidence and encourage being physically active.

Just turn up, no booking necessary (term time only).

As with all Active North Tyneside activities, a valid easecard is required.

\*Pool admission policy applies, this session is for families with children and young people aged under 16.

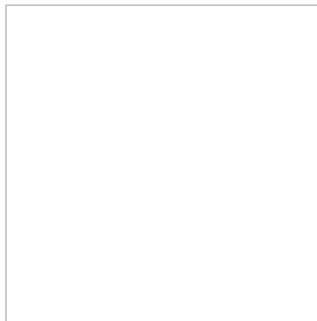


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0191 643 7171



[active@northtyneside.gov.uk](mailto:active@northtyneside.gov.uk)



Hadrian Leisure Centre  
St Peter's Road  
Wallsend



<https://www.activenorthtyneside.org.uk/family-splash>

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