



Living Well North Tyneside

Supporting Health and Wellbeing

Time: 3:45pm - 4:30pm



Cost: No Cost



Type: Face to Face

Stay and Play is a free session for children aged **1 to 7 years** old (children must be accompanied by an adult).

Children can have fun in the soft play and take part in arts and crafts, while parents and carers get healthy eating and physical activity tips from our lovely staff!

There's no need to book, but sessions are only available in term time.

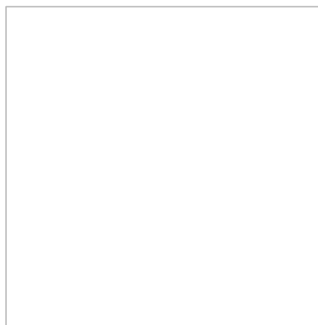
As with all Active North Tyneside activities, a valid resident easecard is required.



[kids
activities](#) |

[Children
activities](#) |

[arts](#) | [crafts](#) | [after school](#)



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The Lakeside Centre
Southgate
Killingworth



<https://www.activenorthtyneside.org.uk/stay-and-play>



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