



# Living Well North Tyneside

Supporting Health and Wellbeing



**Cost:** No Cost



**Type:** Face to Face

**Weekly, on Thursdays 2:00pm - 3:30pm @ East End Youth & Community Centre**

A singing group to express yourself through music! This group is a supportive and creative space for everyone. Develop your talent or just enjoy the benefit of singing for wellbeing.



[young people](#) | [stress relief](#) | [Summer Activities](#) | [summer provision](#) | [singing](#) | [discover me](#) | [discoverme](#)

DiscoverMe: Sing it Out!



07598 893116



[discoverme@voda.org.uk](mailto:discoverme@voda.org.uk)



East End Youth & Community Centre,  
Kettlewell House, George Street, North Shields  
NE30 1EL





# Sign Up for Living Well North Tyneside

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