

() **Time:** 5:00pm - 6:00pm

£ Cost: No Cost

Type: Face to Face

All abilities welcome! Discover the healing power of yoga to boost strength, balance, and well-being. Join us for a supportive and inclusive class!

Every Tuesday 5-6 pm John Willie Sams Centre



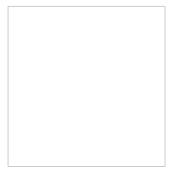
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Related Documents

Yoga classes.ipg





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https://www.copingwithcancer.org.uk



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