



Living Well North Tyneside

Supporting Health and Wellbeing

Time: 10:00am - 12:00pm



Cost: No Cost



Type: Face to Face

Need help using your mobile phone, laptop or tablet?

Our digital drop-in sessions can help with:

- create and use an email address
- online grocery shopping
- social media
- Apps (e.g. Whatsapp and Zoom)
- Access online GP & prescriptions
- NHS App
- Online safety
- Online local info, advice & guidance

More info on attending or volunteering

www.voda.org.uk/help-me-be-digital/

Casual drop-in session in North Shields Library. Volunteers will be able to help you with any questions regarding your mobile phone, tablet or laptop. Please bring your device to the drop in. This will make it easier to help you with your query.

Thursday 10am- 12 noon



[digital devices](#) | [tech support](#)

[digital inclusion](#) |

[help with digital skills](#) | [laptop](#) |

[computer help](#) |

[mobile phone support](#) |

Related Documents

- [HMBD.png](#)



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 North Shields Library
Northumberland Sq
North Shields

 <https://voda.org.uk/help-me-be-digital/>

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